Stand 17.10.2023

# Sporthalle 2023 - 2024 ab 11.9.2023

| Zeit | Montag | | | Dienstag | | | Mittwoch | | | Donnerstag | | | Freitag | | | Samstag | | | Sonntag | | | Zeit |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | SÜD | MITTE | NORD | SÜD | MITTE | NORD | SÜD | MITTE | NORD | SÜD | MITTE | NORD | SÜD | MITTE | NORD | SÜD | MITTE | NORD | SÜD | MITTE | NORD | |
| 07:30 - 08:00 | | | | NLST | | | | | | | | | | | | | | | | | | 07:30 - 08:00 |
| 08:00 - 08:30 | | | | | | | | | | NLST | | | Seniorenbund | | | | | | | | | 08:30 - 08:00 |
| 08:30 - 09:00 | | | | | | | | | | | | | | | | | | | | | | 08:30 - 09:00 |
| 09:00 - 09:30 | | | | | | | | | | | | | | | | | | | | | | 09:00 - 09:30 |
| 09:30 - 10:00 | | | | | | | | | | | | | | | | | | | | | | 09:30 - 10:00 |
| 10:00 - 10:30 | | | Sport-BORG (Okt.-Apr.) | Raiders BB 2. BL | | | Raiders BB 2. BL | | | Raiders BB 2. BL | | ÖRV NT (ab April) | | | | Veranstaltungen - Nachfrage bitte im Büro | | | | | | 10:00 - 10:30 |
| 10:30 - 11:00 | | | | | | | | | | | | | | | | | | | | | | 10:30 - 11:00 |
| 11:00 - 11:30 | | | | | | | | | | | | | | | | | | | | | | 11:00 - 11:30 |
| 11:30 - 12:00 | | | | | | | | | | | | | | | | | | | | | | 11:30 - 12:00 |
| 12:00 - 12:30 | | | Sport-BORG (Okt.-Apr.) | | | | | Sport-BORG (Okt.-Apr.) | | | | | | | | | | | | | | 12:00 - 12:30 |
| 12:30 - 13:00 | | | | | | | | | | | | | | | | | | | | | | 12:30 - 13:00 |
| 13:00 - 13:30 | | | | | | | | | | | | | | | | | | | | | | 13:00 - 13:30 |
| 13:30 - 14:00 | | | | | | | | | | FC Lok | | | | | | | | | | | | 13:30 - 14:00 |
| 14:00 - 14:30 | | Special Sport Tirol | | | | | | | | | | | | | | | | | | | | 14:00 - 14:30 |
| 14:30 - 15:00 | | | | | | | | | | | | | | LZ Rodeln | | | | | | | | 14:30 - 15:00 |
| 15:00 - 15:30 | | | | | | | Raiders Basketball NW/Damen | | | Raiders Football ELF/AFL | | NLST | HIT Nachwuchs | | | | | | | | | 15:00 - 15:30 |
| 15:30 - 16:00 | | | | | | | | | | | | | | | | | | | | | | 15:30 - 16:00 |
| 16:00 - 16:30 | | | | Raiders Basketball NW/Damen | | | | | | Raiders Basketball NW/Damen | | | | | | | | | | | | 16:00 - 16:30 |
| 16:30 - 17:00 | Raiders Basketball NW/Damen | Raiders Basketball NW/Damen | LZ Rodeln | | | | HIT Nachwuchs | | | | | | HIT | | | | | | | | | 16:30 - 17:00 |
| 17:00 - 17:30 | | | | | | | | | | | | | | | | | | | | | | 17:00 - 17:30 |
| 17:30 - 18:00 | | | TI Basketball Herren | HIT | | | | | | HIT | | | | | | | | | | | | 17:30 - 18:00 |
| 18:00 - 18:30 | | | | | | | HIT | | | | | | Raiders Basketball 2. BL | | | | | | Rollerderby Fearless Bruisers | | | 18:00 - 18:30 |
| 18:30 - 19:00 | | | | | | | | | | | | | | | | | | | | | | 18:30 - 19:00 |
| 19:00 - 19:30 | SU INZING | SU Inzing | Raiders Basketball NW/Damen | | | | | | | VC Tirol | Raiders Basketball 2. BL | | | | | | | | | | | 19:00 - 19:30 |
| 19:30 - 20:00 | | | | Raiders Basketball 2. BL | | | VC Tirol | VC Mils Herren | | | | | | | | | | | | | | 19:30 - 20:00 |
| 20:00 - 20:30 | | Raiders Basketball 2. BL | | | | | | | | | | | VC Mils Herren | Flag Raiders | Raiders BB NW/Damen | | | | | | | 20:00 - 20:30 |
| 20:30 - 21:00 | | | | | | | | | | Hot Shots Innsbruck | | | | | | | | | | | | 20:30 - 21:00 |
| 21:00 - 21:30 | | | | Rollerderby Fearless Bruisers | | | Raiders Football AFL | | | | | | | | | | | | | | | 21:00 - 21:30 |
| 21:30 - 22:00 | | | | | | | | | | | | | | | | | | | | | | 21:30 - 22:00 |
| 22:00 - 22:30 | | | | | | | | | | | | | | | | | | | | | | 22:00 - 22:30 |
| 22:30 - 23:00 | | | | | | | | | | | | | | | | | | | | | | 22:30 - 23:00 |

**Stand 17.10.2023**

# Krafträume/Bewegungsraum 2023 - 2024 ab 11.9.2023

| Zeit | MONTAG | | | | | | DIENSTAG | | | | | | MITTWOCH | | | | | | DONNERSTAG | | | | | | FREITAG | | | | | | SAMSTAG | | | | | | SONNTAG | | | | | |
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| | EG SÜD | EG NORD | OG SÜD | OG NORD | BEWEGR | FECHT | EG SÜD | EG NORD | OG SÜD | OG NORD | BEWEGR | FECHT | EG SÜD | EG NORD | OG SÜD | OG NORD | BEWEGR | FECHT | EG SÜD | EG NORD | OG SÜD | OG NORD | BEWEGR | FECHT | EG SÜD | EG NORD | OG SÜD | OG NORD | BEWEGR | FECHT | EG SÜD | EG NORD | OG SÜD | OG NORD | BEWEGR | FECHT | EG SÜD | EG NORD | OG SÜD | OG NORD | BEWEGR | FECHT |
| 07:30 - 08:00 | | | | | | | NLST | | | | | | | | | | | | NLST | | | | | | | | | | | | | | | | | | | | | | | |
| 08:00 - 08:30 | | | OSVI | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 08:30 - 09:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 09:00 - 09:30 | ÖRV Nationalteam (ab März) | | | | | | | | | | | | ÖRV Nationalteam (ab März) | | | | | | | | | | | | ÖRV Nationalteam (ab März) | | | | | | | ÖBSV | | | | | | | | | | |
| 09:30 - 10:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:00 - 10:30 | | | | | | | | | | | | | | | | | 50+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:30 - 11:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:00 - 11:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:30 - 12:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:00 - 12:30 | Raiders Football | | | | | | Raiders Football | | | | | | Raiders Football | | | | | | Raiders Football | | | | | | Raiders Football | | | | | | | | | | | | | | | | | |
| 12:30 - 13:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13:00 - 13:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13:30 - 14:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 14:00 - 14:30 | | | | | | | | | | LZ TRI | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 14:30 - 15:00 | | | | | | | | | | | LZ TRI | | | | | | | | | | | | | | SCI | | | | | | | | | | | | | | | | | |
| 15:00 - 15:30 | LZ RODELN April-Juli | | | | TBSV | | NLST | LZ TRI | | | | | | LZ RODELN April-Juli | | | | | | NLST | | LZ TRI | NLST | | LZ RODELN April-Juli | | | | LZ RODELN | | | | | | | | | | | | | |
| 15:30 - 16:00 | | SCI | | | | | | | | | | | | | | | | | | | | | LZ TRI | | | TWV | | | | Zumba Kids | | | | | | | | | | | | |
| 16:00 - 16:30 | | | | | | | | | | | TEV LZ | | | | | | | | LZ TRI | | | | | | | | | | | | | | | | | | | | | | | |
| 16:30 - 17:00 | | | | | | | | | | | | TWV | | | | | | | | | RSCTU | | | | | | | | NLST | | | | | | | | Realfits | | | | | |
| 17:00 - 17:30 | TWV | | | | | | LZ ÖBSV | TWV | | | | | SCI | TWV | | | TWV | | LZ ÖBSV | Wasserball LZ | | VC Tirol | TEV LZ | TI Bogen | SCI | | | | | | | | | | | | | | | | | |
| 17:30 - 18:00 | | | | | LZ RODELN | | | | | | Raiders NW | | | | | | Land Tirol | TI Bogen | | | Schwalben | | | | | | | NLST | TWV | | | | | | | | | | | | | |
| 18:00 - 18:30 | | | | | | TI Bogen | | | | | | | | | | | | | Raiders NW Nov.- | | | | TI Tennis Okt-Apr | | | | | | | | | | | | | | | | | | | |
| 18:30 - 19:00 | | | Schwalben | TI Tennis Okt-Apr | | | | | | | TBSV | | | | | | Zumba | | | HIT KM | | | | | | | | | | | | | | | | | | | | | | |
| 19:00 - 19:30 | HIT KM | | | | KDHF | | Raiders (ab November) | | | | | TI Fechten | Raiders Football | | | | | | Raiders Football Nov.-Feb. | | | | Wakeboard Okt.-März | | Raiders Football | | | | | | | | | | | | | | | | | |
| 19:30 - 20:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:00 - 20:30 | | | | | | | | | | | | | | | | | KDHF | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:30 - 21:00 | Raiders Football | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21:00 - 21:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21:30 - 22:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 22:00 - 22:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Stand
17.10.2023

# Schwimmhalle Saison 2023/24

| Zeit | Montag | | | | | | Dienstag | | | | | | Mittwoch | | | | | | Donnerstag | | | | | | Freitag | | | | | | Samstag | | | | | | Sonntag | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 6 | 5 | 4 | 3 | 2 | 1 | 6 | 5 | 4 | 3 | 2 | 1 | 6 | 5 | 4 | 3 | 2 | 1 | 6 | 5 | 4 | 3 | 2 | 1 | 6 | 5 | 4 | 3 | 2 | 1 | 6 | 5 | 4 | 3 | 2 | 1 | 6 | 5 | 4 | 3 | 2 | 1 |
| 07:00 - 07:30 | | | | | | | Sportschulen | | | | | | TWV | | | | | | Sportschulen | | | | | | | | | | | | | | | | | | | | | | | |
| 07:30 - 08:00 | | | SCI | | | | | | | | | | | | SCI | | | | | | | | | | | | SCI | | | | | | | | | | | | | | | |
| 08:00 - 08:30 | | | | BAFEF Kettenbr. | | | | | | | | | | | | | | | | | | | | | | | | BAFEF Kettenbr. | | | | | | | | | | | | | | |
| 08:30 - 09:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | SCI | SCI | TWV | TWV | TWV | TWV | | | | | | |
| 09:00 - 09:30 | | | | | | | | | | | Bafef Haspingerstraße | | | | | | | | | | | | | | | | | | Senioren bund | | | | | | | | | | | | |
| 09:30 - 10:00 | TI Senioren | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:00 - 10:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | BVC | | | | | | | | | | | | | |
| 10:30 - 11:00 | | | | | | | | | | | Mtvaesr | SU Hall | | | | SCI | | | | | | | Mtvaesr | SU Hall | | | | | | | | | SCI | SCI | SU Hall | SU Hall | | | | | Tauch-schule Spezial | |
| 11:00 - 11:30 | | | | | | | | | | | | | | | | | | | 1.0 | | | | | | Masters | | | | | | | | | | | | | | | | | |
| 11:30 - 12:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:00 - 12:30 | | | | HBLA Ferrari | | | | | | HBLA Ferrari | | | Reithmann | | | | | | Reithmann | | | HBLA Ferrari | | | HBLA Ferrari (nur WS) | | | LSV Masters | | LZ TRI | | | | | | | | | | | |
| 12:30 - 13:00 | LSVT Masters | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | LZ Tri -jeden 1.Samstag im Monat - Nov.-März | | | | | | | | | | | |
| 13:00 - 13:30 | | | | BAFEF Haspingerstraße | | | BMI | | LSVT Masters | | | TTCI | LSVT Masters | | | | TTCI | SU Hall | BMI | | BMI | LSVT Masters | | | SU Hall | | LSV Masters | | | | | | | | | | | | | | | |
| 13:30 - 14:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 14:00 - 14:30 | LZ Tri | | | | | | | | BMI | TBSV | | | LZ Tri | | | MiH | | | | | TTCI | MiH | MiH | TBSV | | | | LZ Tri | | | SU Hall | SU Hall | SU Hall | | | | | | | | | |
| 14:30 - 15:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15:00 - 15:30 | | | | | | | | | TW | TW | | TTCI | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15:30 - 16:00 | | | | | | | TWV | TWV | | | SCI | | | | | | | | SCI | SCI | SCI | SCI | TWV | TWV | | | | | | | | | | | | | | | | | | |
| 16:00 - 16:30 | TBSV | | | | | | | | | | | | | | | | | | | | | | | | | | | TW V | | | | | | | | | | | | | | |
| 16:30 - 17:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17:00 - 17:30 | SCI | SCI | SCI | SCI | SCI | SCI | | | SCI | SCI | | SCI | LSVT | SCI | SCI | SCI | SCI | SCI | | | | | | | SCI | SCI | SCI | | | | TTCI | | SCI | SCI | SCI | SCI | Tauchclub Innsbruck | | | | | |
| 17:30 - 18:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | SCI | | | | | | | | | | | | | | |
| 18:00 - 18:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18:30 - 19:00 | | | | | TWV | TWV | Wasserball LZ | | | | | | TWV | TWV | TWV | TWV | TWV | TWV | Wasserball LZ | | | | | | | | | | TWV | TWV | MiH | | | | | | | | | | | |
| 19:00 - 19:30 | TTCI | TWV | TWV | TWV | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | TWV | TWV | TTCI | | | | | |
| 19:30 - 20:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | TWV | | | | | | | | | | | | | | |
| 20:00 - 20:30 | Wasserball BL | | | | | | Wasserball BL | | | | | | | | | | | | Wasserball BL | | | | | | | | | | | | HSV Tauchen (bis Anfang Mai) | | | | | | | | | | | |
| 20:30 - 21:00 | | | | | | | | | | | | | SK Zirl | | | TTCI | LSV Masters | Wasserettung | | | | | | | TTCI | TTCI | LSV Masters | | | | | | | | | | | | | | | |
| 21:00 - 21:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21:30 - 22:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 22:00 - 22:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |